

# RADIANT HEALTH NEWS

Vol. 2 No. 10



## Here's Something to Smile About! Essential Oils Can Help Prevent Gum Disease

Whatever motivates you - looking your best, staying out of the dentist's chair or saving money, Young Living's dental care products and therapeutic-grade essential oils can do it all.

According to Dr. Robert Hoskyns, a periodontist, (a dentist who specializes in the treatment of gum diseases),

"Essential oils are excellent 'preventive medicine' and can help patients maintain healthy teeth and tissues, thus avoiding painful and expensive dental procedures."

Essential oils can help prevent gingivitis and periodontal disease by killing the bacteria around the gumline that cause those potentially serious conditions.

Both common conditions are often progressive and can eventually result in loss of the underlying bone that supports the teeth. Gingivitis is an inflammation of the gums (gingivae), usually caused by bacteria. Periodontitis is a deeper and more serious inflammation of both the gingivae and tissue that surrounds and supports the teeth.<sup>1</sup>



Fluoride-free toothpastes for children and adults fight oral bacteria with Thieves™ essential oil blend!

Several recent studies from Japan, Australia, Yugoslavia and Germany prove **Melaleuca alternifolia** (tea tree) and **Peppermint** essential oils both have very strong antibacterial effects on oral pathogens. Melaleuca was also found to inhibit plaque development.



At the same time, these essential oils were found to be safe for oral use when diluted to .05% solution.<sup>2,3,4,5</sup>

### Scottsdale Dentist Solves Periodontal Problems with Essential Oils

In his periodontal practice, located in Scottsdale, AZ, Dr. Hoskyns found Young Living™ essential oils to be so effective that they're now part of every standard patient treatment plan. To ensure patients get the maximum benefit from the oils, his staff teaches them how to use and apply at home for healthy gums.



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### Success Stories from Dental Patients

Many of Dr. Hoskyn's patients have experienced swift healing of their gums, due in part to the use of essential oils. "We're so pleased with our patient outcomes and have many success stories."

### Painful Root Planing Avoided

"Many of our patients have had very deep gum pockets shrink to normal levels in a very short period of time. As candidates for root planing, these patients avoided that painful procedure through diligent application of essential oils with special tools."

### Abscess Cleared Up Without Surgery

"Recently, I diagnosed a patient with a periodontal abscess and wanted to schedule surgery. However, three days later, after he applied **Melrose™**, an essential oil blend, 5-6 times each day, the abscess was completely healed!"

Dr. Hoskyns also finds that essential oils are an answer for those many patients who want natural ways to be more healthy. For example, many prefer a mouthwash without alcohol, because of the tissue irritation it can cause (**Fresh Essence™** mouthwash is alcohol-free.)

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## Dr. Hoskyn's Recommendations for Better Oral Health

First, for severe pain and gingival inflammation, I value **Clove** essential oil. This oil numbs and soothes tissues (because it is a little caustic, I limit its use to a short period of time).



Second, **Peppermint** essential oil is excellent for its antibacterial and antiviral qualities. Patients like the taste.



The third essential oil I recommend is **Melrose**, a blend of Melaleuca, Rosemary and Clove. It's so effective that now our standard procedure is to send patients home with this oil to continue fighting infection.



Our families also use Young Living toothpastes and mouthwash every day. They're free of harmful chemicals and additives for effective, all-natural dental care.

**Myrrh** has a long history of use for oral health due to its anti-inflammatory and antimicrobial action, critical to success in treating gingivitis.<sup>1</sup>



### KidScents™ Toothpaste

Kids love it! Taste great and has no fluoride, synthetic dyes or flavors. Another winner in the popular KidScents line of children's personal care products.

### Dentarome™ Toothpaste

Radically different from commercial toothpastes, Dentarome toothpastes are fluoride-free, have no harsh abrasives and are enhanced with Thieves essential oil blend.



You'll love the clove/cinnamon flavor of Thieves in Dentarome toothpastes and Fresh Essence mouthwash.

Dentarome is available in three formulas: Regular, Plus and Ultra.

Added benefit: Dentarome Regular is considered the #1 best underarm deodorant by thousands of happy users!

### Fresh Essence Plus™ Mouthwash

Your mouth has never been this clean and fresh! Kills the oral bacteria that cause bad breath and gum disease with Thieves™. No-alcohol formula.

NOTE: Dilute essential oils with pure vegetable oil before use in mouth.

<sup>1</sup><http://www.vitacost.com/science/hn/Concern/Gingivitis.htm>  
<sup>2</sup>Hammer KA, et al. Oral Microbiol Immunol. 2003 Dec;18(6):389-92.  
<sup>3</sup>Saxer UP, et al. Effect of mouthwashing with tea tree oil on plaque and inflammation. Schweiz Monatsschr Zahnmed. 2003;113(9):985-96.  
<sup>4</sup>Takarada K, et al. A comparison of the antibacterial efficacies of essential oils against oral pathogens. Oral Microbiol Immunol. 2004 Feb;19(1):61-  
<sup>5</sup>Mimica-Dukic, N., et al. Antimicrobial and antioxidant activities of three Mentha species essential oils. Planta Med. 2003 May;69(5):413-9.

Product Name	Code # Size	Prices Customer Pref Cust Wholesale
Peppermint essential oil	#3614 15 ml	\$22.70 \$19.97 \$17.25
Myrrh essential oil	#3593 15 ml	\$64.47 \$56.74 \$49.00
Melaleuca Alternifolia essential oil	#3587 15 ml	\$23.03 \$20.26 \$17.50
Clove essential oil	#3524 15 ml	\$18.09 \$15.92 \$13.75
Thieves essential oil blend	#3423 15 ml	\$38.82 \$34.16 \$29.50
Melrose essential oil blend	#3378 15 ml	\$22.04 \$19.39 \$16.75
Dentarome toothpastes Available in Regular, Plus and Ultra formulas	Regular #3737 4 oz	\$7.57 \$6.66 \$5.75
KidScents Toothpaste	#3687 4 oz	\$7.57 \$6.66 \$5.75
Fresh Essence Plus mouthwash	#3681 7.2 fl oz	\$9.21 \$8.11 \$7.00

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